

# MAPLEWOOD PARKS AND RECREATION

## VOLLEYBALL LEAGUE RULES

### Fall 2016

All Maplewood Parks and Recreation volleyball leagues shall play according to the rules in the current MRPA Volleyball Guide and Rule Book, with the following exceptions:

NOTE: The MRPA rule book begins on page 26 with Chapter III, Rule 3.

#### TEAM AREAS, DURATION OF MATCHES AND INTERRUPTIONS OF PLAY

##### LENGTH & NUMBER OF GAMES

***Rally point scoring will be used in all leagues this fall.*** IN ALL LEAGUES, TEAMS WILL PLAY FOUR GAMES TO 25 POINTS. In all leagues, a team must win by two or more points ***except when the time limit has been reached.*** In that case, the team with the lead shall be the winner. In the event teams are tied when the time limit is reached, the next team to score is the winner.

All matches shall have an hour and ten minute time limit. *One hour and ten minutes after the scheduled start time of your match, the game in progress shall be terminated according to the above rules. No new game will be started if less than 5 minutes remains in the allotted time.*

##### CHANGE OF PLAYING AREAS BETWEEN GAMES

After each game of a match, teams will change playing areas.

##### TIME BETWEEN GAMES OF A MATCH

The rest period between games of a match shall be two (2) minutes.

##### INTERRUPTIONS OF THE MATCH

If any circumstances prevent the completion of a match, contact Maplewood Parks and Recreation Department for rescheduling.

##### NUMBER OF PLAYERS

Teams shall be comprised of six players. Co-rec teams shall be comprised of at least three couples. Teams are encouraged to carry at least 10 players so that forfeits are not necessary. Teams may start and play with four players; however, the number of men may never exceed the number of women in co-rec leagues. Teams not having four players present at the scheduled start of the match will forfeit the first game. Teams not having four players present fifteen (15) minutes after the start of the match will forfeit the remaining games. Any games played with ineligible players will be forfeited. If neither team is present with at least four players at the scheduled start of a game, there is a double forfeit. A late player may enter the game upon his/her arrival.

## COMMENCEMENT OF PLAY AND THE SERVICE

### THE SERVICE

- A) *The served ball may touch the net. The receiving team must play the ball if in bounds.*
- B) Overhand serving is allowed in all leagues.
- C) Jump serves are not allowed in C Leagues.
- D) The server may now serve from any point behind the end line.

### MISCELLANEOUS

1. RECEIVING THE SERVE: Receiving teams may overhand pass or “set” the serve.
2. HONOR CALLS: It is traditional in volleyball that players indicate their own faults (i.e. carrying the ball, double hit, touching the net, etc.). Also, since we have no officials at our Men’s C League games, or when an official is a no show, players should give honest assistance in making calls on balls near the boundaries and other plays difficult to detect. Managers of the teams involved in a disputed call will resolve the problem at that point. If no decision can be agreed to, the point will be played over.
3. TIMEOUTS: Teams will be allowed two 30 second timeouts per game. *No timeouts will be allowed in the last five minutes of a game.*
4. PLAYER ROTATION & SUBSTITUTION: Teams must rotate players in a clockwise direction. Players may enter and leave contest from the same position as often as desired. Substitution must take place only when the ball is dead. Teams may use a player rotation, whereby one player rotates outside the court and is not allowed to participate until rotating back in.
5. PLAYING THE BALL - CO-REC: If the ball is hit more than once on a side, then one of those hits must be made by a female.
6. AGE OF PLAYERS: The age of the players in the adult leagues is limited to those who have graduated from high school or are 18 years or older.
7. CONDUCT: Any participant, who is involved in fighting or provoking fighting, shall be eliminated from the league. Any team which consistently exhibits poor sportsmanship may be eliminated from the league with forfeiture of all fees.

### INCLEMENT WEATHER

Please do not call to find out if games will be played. Instead, after 4pm, please check our website: [www.maplewoodmn.gov](http://www.maplewoodmn.gov) or “Like” Maplewood Parks and Recreation on Facebook for the latest announcements.

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*\*NOTE: Because of past problems with supervision of school facilities, children are not allowed to accompany you to your practices or games in the adult leagues. They will be turned away at the door.*